

Discipline: Agriculture	Sub-discipline: Equine Science
General Course Title: Western Riding & Horsemanship	Min. Units: 2 Semester
Proposed Suffix: L	
<p>Course Description: Introduction to western riding, saddling, grooming and bridling. Students will acquire basic knowledge of equipment and safety procedures. Course topics include use of riding aids and transitions.</p>	
Required Prerequisites or Co-Requisites ¹	
Advisories/Recommended Preparation ²	
<p>Course Objectives: <i>At the conclusion of this course, the student should be able to:</i></p> <ul style="list-style-type: none"> • Identify the parts of a horse. • Relate a horse's conformation (form) to function. • Employ proper safety and groundwork practices. • Employ proper catch and haltering techniques. • Properly utilize basic horse-related knots. • Identify and label parts of tack. • Assess the balance and movement of a horse by applying the principles of biomechanics. • Differentiate among and describe uses of horse equipment for different riding applications. • Demonstrate basic riding skill at walk, trot, and lope. • Identify and ride basic transitions between gaits. • Discuss the basic key considerations for selecting and purchasing a horse. • Summarize the basic principles of riding western horses in a variety of events. 	
<p>Course Content:</p> <ol style="list-style-type: none"> 1. Parts of the Horse 2. Conformation 3. Basic Safety and Groundwork <ol style="list-style-type: none"> A. Safety B. Groundwork <ol style="list-style-type: none"> 1. Approaching a Horse 2. Haltering a Horse 3. Leading a Horse 4. Tying a Horse 5. Saddling 6. Unsaddling 7. Bridling 8. Unbridling 9. Lunging 10. Restraints 4. Catch and Haltering <p>Western Riding & Horsemanship (Content Continued)</p> <ol style="list-style-type: none"> 5. Basic Knots <ol style="list-style-type: none"> A. Quick release 	

¹ Prerequisite or co-requisite course need to be validated at the CCC level in accordance with Title 5 regulations; co-requisites for CCCs are the linked courses that must be taken at the same time as the primary or target course.

² Advisories or recommended preparation will not require validation but are recommendations to be considered by the student prior to enrolling.

<p>B. Fiador knot C. Mecate</p> <p>6. Horse Equipment A. Parts of the western saddle and bridle B. Equipment uses for different riding applications</p> <p>7. Biomechanics of Movement A. Muscles involved in gaits and action B. Common gait defects C. Center of gravity</p> <p>8. Riding Horses A. Walk B. Trot C. Lope</p> <p>9. Basic Transitions between Gaits</p> <p>10. What to Consider when Selecting and Purchasing a Horse</p> <p>11. Western Competition Classes A. Rules and regulations that apply to different events B. Training the show horse C. Judging different events D. Riding patterns</p> <p>Laboratory Activities: Individual Laboratory Activities are designed to support course objectives.</p>	
<p>Methods of Evaluation: Lecture Comprehensive Quizzes and Exams Written Critical Thinking Scenarios Problem Analysis and Solution Research and Term Papers</p>	<p>Methods of Evaluation: Laboratory Laboratory Skill Validation by Observation Laboratory Projects and Reports Laboratory Research Projects and Reports Laboratory Skill Practicum Exams</p>
<p>Typical Textbooks, Manuals, or Other Support Materials <u>Natural Western Riding</u>. Blazer, Don and Hanson, Cathy. Success is Easy, 2001. <u>Horsemanship Handbook</u>. Santa Rosa Junior College.</p>	
<p>Statewide Articulation: CSUF-A SCI 54/55, other universities as lower division elective.</p>	
<p>FDRG Lead Signature: _____ Date: _____</p>	
<p>Mark E. Bender, PhD CSU Stanislaus</p>	
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