

Discipline: Agriculture	Sub-discipline: Equine Science
General Course Title: English Riding and Horsemanship	Min. Units: 2 Semester
Proposed Suffix:	
<p>Course Description: Introduction to English riding skills, saddling, and bridling. Students will acquire basic knowledge of equipment and safety procedures. Course topics include use of riding aids and transitions.</p>	
Required Prerequisites or Co-Requisites ¹	
Advisories/Recommended Preparation ²	
<p>Course Objectives: <i>At the conclusion of this course, the student should be able to:</i></p> <ul style="list-style-type: none"> • Demonstrate and apply proper horse handling and grooming techniques. • Demonstrate and apply proper saddling and bridling techniques. • Identify English tack and equipment. • Differentiate among and describe uses of horse equipment for different riding applications. • Demonstrate proper care and storage of equipment. • Demonstrate proper mount and dismount. • Demonstrate appropriate use of the reins. • Ride at the three basic gaits and demonstrate basic school movements for each gait. • Identify and ride the different types of transitions. • Identify and describe the appropriate use of a variety of aids. • Evaluate the conformation of a horse as it relates to the enhancement of English riding. • Describe various types of English riding activities. • Discuss basic considerations when selecting and purchasing a horse for English riding. • Prepare the horse for showing. 	
<p>Course Content:</p> <ol style="list-style-type: none"> 1. Basic Handling Techniques <ol style="list-style-type: none"> A. Catching the horse B. Proper haltering C. Leading the horse D. Safety E. Working at the hitch rail <ol style="list-style-type: none"> 1. Proper knot to tie F. Brushing and simple grooming G. Picking up and cleaning feet H. Adjusting equipment <ol style="list-style-type: none"> 1. Fit to horse 2. Fit to rider I. Bridling and saddling <p>English Riding and Horsemanship (Content Continued)</p> <ol style="list-style-type: none"> 2. Equipment <ol style="list-style-type: none"> A. Saddle and bridle B. Proper care and storage 	

¹ Prerequisite or co-requisite course need to be validated at the CCC level in accordance with Title 5 regulations; co-requisites for CCCs are the linked courses that must be taken at the same time as the primary or target course.

² Advisories or recommended preparation will not require validation but are recommendations to be considered by the student prior to enrolling.

1. Bridle
2. Saddle
3. Saddle pad
4. Halter

3. Arena Activities

- A. Mount and Dismount
- B. Use of Reins
 1. Direct rein/effects
 2. Neck rein/effects
 3. Methods of holding reins
 4. How the bit works
- C. Work in a file
 1. Walk-Halt
 2. Aids
 3. Foot-fall sequence
- D. Trot
 1. Aids
 2. Foot- fall sequence
 3. Work in file
 4. Rider position
 5. School movements in a file
- E. Canter
 1. Aids
 2. Foot-fall sequence
 3. Rider position
 4. Work in file
- B. Aids: How and when to use
 1. Weight
 2. Sitting bones
 3. Back
 4. Lower leg
 5. Thigh
 6. Seat
- C. Rein Aids
 1. Use
 2. Application
- D. Natural and artificial aids
 1. Use
 2. Application

4. Conformation

- A. Form and function
- B. Normal conformation important for English riding

5. Biomechanics of Movement

- A. Classical seat
- B. Hands

English Riding and Horsemanship (Content Continued)

6. Elements of Dressage

- A. Hunters
- B. Jumpers
- C. Relationship between hunters and jumpers
- D. Dressage courses

7. Cavaletti Work

- A. Theoretical groundwork
- B. Practical equipment

8. Jumps

- A. Proper position for jumps
- B. Jump courses

9. Considerations for Selecting and Purchasing a Horse for English Riding

10. Preparing the English Horse for Showing

- A. Proper turnout
- B. Attire for horse and rider

Laboratory Activities: Individual Laboratory Activities are designed to support course objectives.

Methods of Evaluation: Lecture
 Comprehensive Quizzes and Exams
 Written Critical Thinking Scenarios
 Problem Analysis and Solution
 Research and Term Papers

Methods of Evaluation: Laboratory
 Laboratory Skill Validation by Observation
 Laboratory Projects and Reports
 Laboratory Research Projects and Reports
 Laboratory Skill Practicum Exams

Typical Textbooks, Manuals, or Other Support Materials

The Horse Illustrated Guide to English Riding, Reprint edition.
 Ward Leslie. Bowtie Press, 2004.
Beginning English Exercises. Hill, Cherry. Storey Books, 1998.
Horsemanship Handbook, Santa Rosa Junior College.

Statewide Articulation: CSUF-A SCI 54/55, other universities as lower division elective.

FDRG Lead Signature:

Date:

Mark E. Bender, PhD CSU Stanislaus

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Internal Tracking Number